



MARCH 2011

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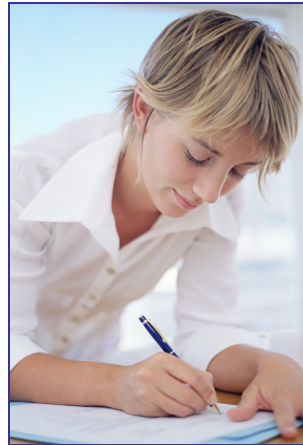
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Survey of Aging with a Disability: An Update

So far we have surveyed 1,862 people with MS, SCI, MD or PPS

Thank you for participating in our research study on aging with Multiple Sclerosis, Spinal Cord Injury, Muscular Dystrophy and Post-Polio Syndrome. This study has had great participation, and we hope you continue to support this important research.



with MS, 340 with MD, 492 with SCI and 446 with PPS.

For our second and third surveys, we are only surveying participants who were between 45 and 65 in June 2010. Splitting up the study into these two groups helps us better

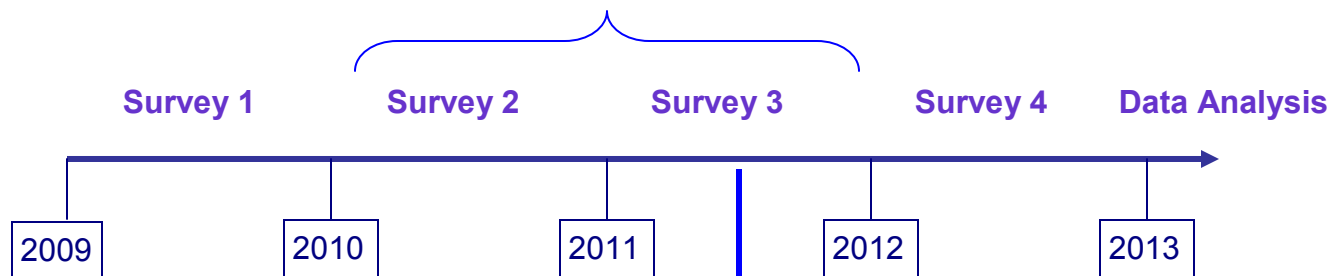
We collected surveys from 1,862 people for our first survey: 584 people

understand the effects of aging with a disability.

Study Timeline:

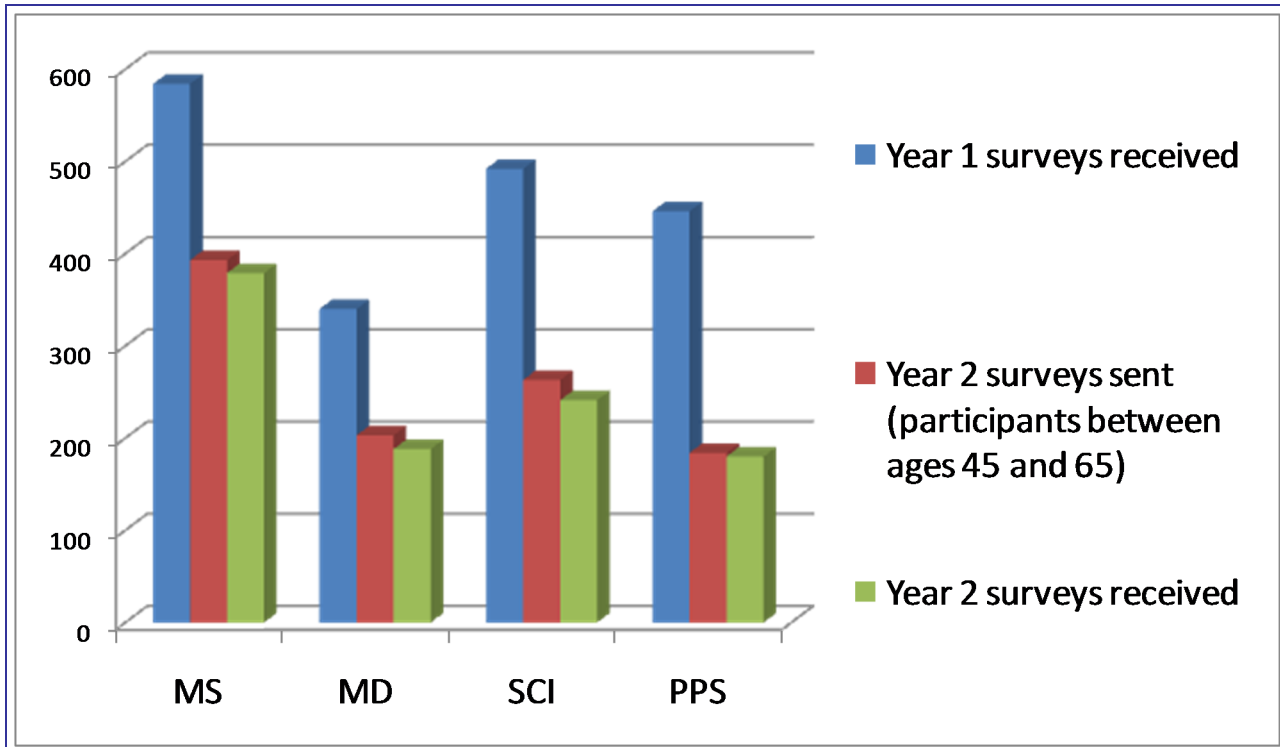
We are about half way through the surveys! Participants between ages 45 and 65 are completing survey 2. Participants outside of the age range can expect Survey 4 in 2012.

Only participants between ages 45 and 65 do surveys 2 and 3



The first Year 3 Surveys will be mailed June 2011

Our Participation: Second Year of Surveys



MS:

584 Year 1 Surveys Received
 393 Between Ages 45 and 65
 379 Year 2 Surveys Received

MD:

340 Year 1 Surveys Received
 203 Between Ages 45 and 65
 188 Year 2 Surveys Received

SCI:

492 Year 1 Surveys Received
 263 Between Ages 45 and 65
 241 Year 2 Surveys Received

PPS:

446 Year 1 Surveys Received
 184 Between Ages 45 and 65
 180 Year 2 Surveys Received

Thanks for your help!

We know some of our survey questions are hard to answer because there are limited response options. Other questions contain awkward wording, or they do not apply to you.



One of our goals is to test questions that measure a diverse population and have nuanced ways to ask about pain, fatigue, daily activities and mood. Thank you for your patience with these questions. With your help, we can find the most useful ways to measure the effects of aging with a disability.